



Before

After

Patients report no pain during or after treatment; many compare the sensation to a light pinch or snap of a rubber band. No adverse effects have been reported, and many patients had favorable effects in other areas of life.

Nightlase uses a laser to heat the loose tissue that blocks the airflow to shrink it and to stimulate new, tighter tissue collagen. Treatment is customized to each patient's individual need; it is usually done in three 20 minute sessions, 3-4 weeks apart. Up to a 50% improvement can be seen after just the first treatment. The low-cost effects of Nightlase last for 12-24 months, then another treatment may be helpful to further enhance the results.



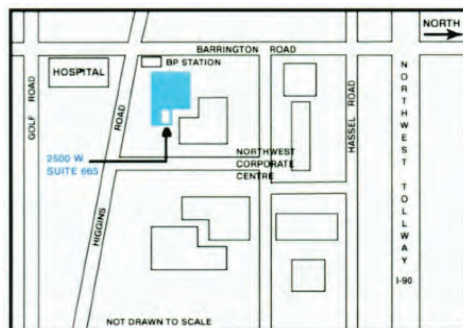
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www.nightlase-chicago.com

Specializing in Periodontics
and Implant Dentistry

Our office is located 1/2 block east of the intersection of Higgins and Barrington Road in the Northwest Corporate Center, Suite 665



When you enter our complex, take the second left-hand turn by the flagstone wall. Park in that parking lot, and come up the stairs.

REVOLUTIONARY ANTI SNORING LASER TREATMENT



DALESSANDRO
IMPLANTS • PERIODONTICS • LASER THERAPY

NOW OFFERING NON-SURGICAL,
NON-INVASIVE, ANTI SNORING
LASER TREATMENT

Is Snoring Ruining Your Life?

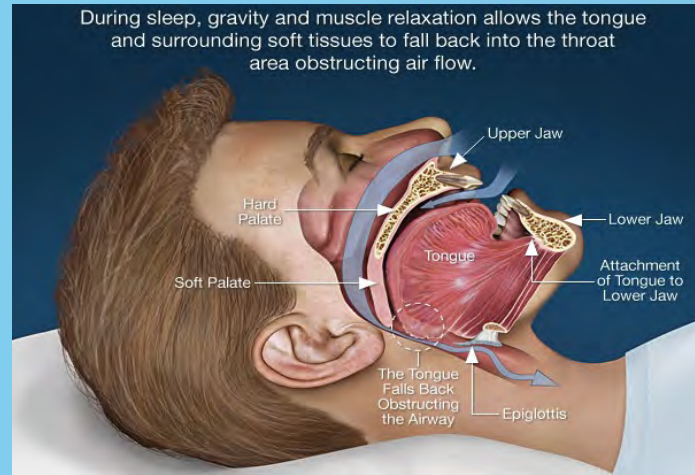
Snoring and Sleep Apnea affect up to 20% of the adult population in the United States and as many as 85% of those with Obstructive Sleep Apnea don't even know they suffer from it.

Snoring occurs when airflow into your lungs is partially blocked by the soft tissue in your throat, causing vibration. Sleep Apnea occurs when airflow is completely blocked so breathing stops momentarily, causing blood oxygen levels to drop.

The average adult needs 7.7 hours of sleep per night. A good night of sleep enhances concentration & mood, reduces the effects of stress, strengthens the immune system, regulates hunger. Snoring reduces the quality of sleep for the snorer AND the partner.



Obstructive Sleep Apnea (OSA)



Obstructive Sleep Apnea occurs when breathing stops for seconds or minutes causing your blood oxygen levels to drop, resulting in un-noticed disruptions of your sleep that can have adverse effects on your hormones, metabolism and more.

If you suspect that you have OSA, we recommend that you consult your physician about the need for a sleep study. Please note that Nightlase is not a cure for OSA.

Health and Social Problems (related to snoring and sleep apnea)

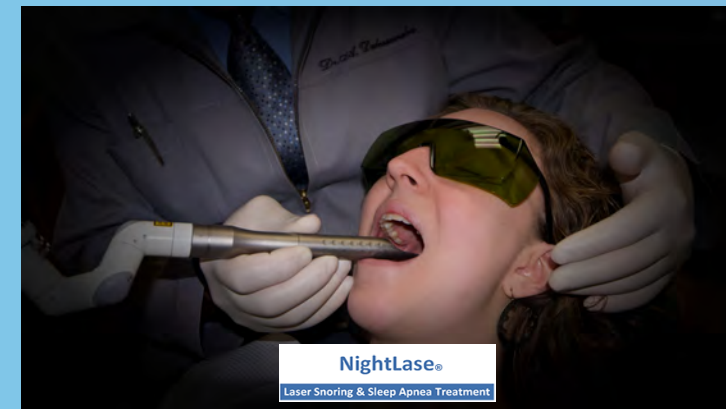
- High Blood Pressure
- Heart Disease/Stroke
- Diabetes
- Obesity
- Acid Reflux
- Daytime Sleepiness
- Erectile Dysfunction
- Relationship Problems
- Depression and Anxiety
- Irritability
- Impaired Thinking
- Auto Accidents

The Solution

There are many options for treating snoring - CPAP, dental appliances, surgery - but they have limitations like unpredictable success rates, discomfort, side effects, non-permanent effects and non-compliance.

Nightlase™ is the newest treatment option for people who are uncomfortable with appliances. Studies have shown an extremely high success rate, with a positive change in sleep patterns. In some cases, the need for a CPAP was lessened or removed entirely.

Nightlase is gentle, safe, and usually pain-free. No cutting, no scarring, no chemicals, no anesthesia or needles are necessary. Patients can immediately return to their normal routine after the procedure. No special post-op care is needed, and there are no side effects noted.



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